

Bear one another's burdens
Cooper Mt Ward Conference Aug 2008
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Other thoughts

- Maria – Continuation of the Story
- Lauren Mauery
 - As we are prepared to act
 - As we share with others outside our ward

Bear one another's burdens Introduction

- We will experience many things, make mistakes and sin
 - All part of life
 - Savior lifts the burden of Sin
 - Other burdens the Lord may bless/lift directly but often it is through each other
 - The Lord expects us to be active in our discipleship
 - He taught that in many ways
 - Talents, Good Samaritan, light *not* under a bushel, not meet we should be commanded in all things
 - Both giver and receiver grow and are blessed
- Doctrine taught clearly:
- **Mosiah 18:8-9**

" And it came to pass that he said unto them: Behold, here are the waters of Mormon (for thus were they called) and now, as ye are desirous to come into the fold of God, and to be called his people, and are willing to bear one another's burdens, that they may be light;
Yea, and are willing to mourn with those that mourn; yea, and comfort those that stand in need of comfort..."

"Bear one another's burdens"

- What does that mean?
- Share 3 experiences
- I witness many – large (Sonja) and small

- Share three experiences where others acted as proxy for the Savior and lifted me up

An note that uplifted

- From my Journal

The past several weeks have been very eventful and have entailed long hours for me. For the first time since being bishop I have had a couple very upset with me and verbally let me know about it and all I could do was say I'm sorry they felt that way. This because I had information that didn't have which not only couldn't I share it with them because of confidentiality but because of the nature of the situation I couldn't even let them know I had such confidential information. I had to arrange for a sister's children to live somewhere else temporarily. Multiple other things as well. I received this note in an email out of the blue today and was very touched by it. I view it as a "tender mercy" of the Lord:

Bishop-

I just wanted to send you a quick note and thank you for all you do. This has been a stressful few weeks. Yet, I am sure it is minimal compared to the countless hours you dedicate to counseling, consoling, meetings, schedules, and never-ending issues and concerns. You have so much on your plate, and still manage to carry the "glow" of the gospel.

You are doing a remarkable job and I feel very honored to be under your mantle.

Thank you

"A surprise source of comfort"

- From my Journal

After Stake Conference as I tend to do I was just sitting absorbing feelings and thoughts from conference.

<Name withheld> came and sat on the bench behind me to speak to me.

This person spoke a moment and then asked me "how are you doing?"

I said I was doing just fine. The person then touched me lightly on the shoulder and said "I worry about you"

As I looked at the person I could see genuine care and concern in their eyes and I was touched.

It caught me so completely off guard that it was this person, someone who I have counseled, given blessings to and given many hours of my time to would be the person who gave an expression of love and concern that I find so often touches and lifts me up and to know my Heavenly Father watches over me and cares.

"His is the heaviest burden"

- To bear one another's burdens we must be prepared to act when we are prompted or an opportunity comes.
- August 1998
 - Danny Dalton and Campbell Christensen