

Strength of Youth

Mike Baird
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Cooper Mt Ward

For the Strength of Youth

- Why do you think we have this pamphlet and these standards?

Promises from the Prophet

- What are the promised blessings in the "Message from the First Presidency" pages 2-3?
 - Be able to do your life's work with greater wisdom and skill
 - Bear your trials with greater courage
 - Have the help of the Holy Ghost
 - Feel good about yourself
 - Positive influence in the lives of others
 - Worthy to go to the Temple

Dress & Appearance (pg 14)

- How does this topic relate to the promises?

- 1 Cor 3:16-17

Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are

- What does it mean and how does it relate to dress and appearance?
 - Your body is a sacred creation
 - You show your respect by how you dress and what you do with it
 - Tattoos and piercings show what?
- Why & how does how we dress reflect or show how we feel inside?
- What does it mean to dress modestly
- Why do we dress modestly
- How do you feel when you are not dressed modestly?
- What would you consider to be immodest?
- How does the way we dress effect the way we act?
- What messages do you send when you lower your dress standard?
 - You are using your body to get attention and approval
 - Modesty is important only when it is convenient
- 1 Cor 3:16-17

And they did impart of their substance, every man according to that which he had, to the poor, and the needy, and the sick, and the afflicted; and they did not wear costly apparel, yet they were neat and comely

Entertainment and the media (pg 17)

- Articles of Faith: 13
"If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things."
- How does this topic relate to the promises?
- Why is it important to consider what you are reading, watching or listening too?
 - It has an effect on you
 - *Good entertainment allows you to enjoy yourself without losing the Spirit*
- Why do we sometimes feel we are exempt from the rules?
- Good, better, best
- Clearly choosing good over evil is having virtue
- Taught that just because something was good, does not mean it is sufficient reason to do it
- There are things that are better than good (Best) and this is what we should spend our time on
- Dallin H Oaks
"Consider how we use our time in the choices we make in viewing television, playing video games, surfing the Internet, or reading books or magazines. Of course it is good to view wholesome entertainment or to obtain interesting information. But not everything of that sort is worth the portion of our life we give to obtain it. Some things are better, and others are best. When the Lord told us to seek learning, He said, "Seek ye out of the best books words of wisdom" (D&C 88:118; emphasis added)." (A Watchman on the Tower , pg 279)
- bad, worse, worst
 - Pornography
 - idly spending time at any of these:
 - Surfing the internet
 - Video games
 - text messaging
 - emailing
 - What about violence in entertainment? How is it bad?
 - How can you have courage to put something down, to walk out or walk away?

