

# Strength of Youth

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## **For the Strength of Youth**

- Why do you think we have this pamphlet and these standards?
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## **Promises from the Prophet**

- What are the promised blessings in the "Message from the First Presidency" pages 2-3?
- Be able to do your life's work with greater wisdom and skill
- Bear your trials with greater courage
- Have the help of the Holy Ghost
- Feel good about yourself
- Positive influence in the lives of others
- Worthy to go to the Temple

## **Music & Dancing**

- How does this topic relate to the promises?
- How is music a double edged sword?
- How can you know that what you are listening to is not appropriate?
- How does the music you have at a dance effect the dance
- How does dress influence dancing
- Can we still go to formal school dances? How?
- How is dancing a double edged sword?
- How can you know that what you are doing as you are dancing is inappropriate?

## Language

- How does this topic relate to the promises?
- Much of humor in the media we watch and listen uses negative, cutting, or put down language.
- How do you feel when someone insults you or puts you down and is "just joking"
- Can you be humorous or funny without using these "techniques" and if so how?
- If someone always has to drag someone down to be funny or look better themselves what does that indicate about their thoughts and heart?
- How do you feel when you hear someone misuse the name of God and Jesus Christ? Why?
- How do you feel when someone uses vulgar language? Why?

## Dating

- How does this topic relate to the promises?
- Who should you date?
- How do you decide?
- How can you help your date to maintain yours and their standards?
- Why is it not good to have a steady girlfriend or boyfriend?
- Exemptions
- Why do we sometimes feel we are exempt from the rules?
- If your boyfriend/girlfriend is LDS does that make you exempt from the rules?
- Mature enough to date before 16?
- Mom's rules
  - **From the neck to the knees – hands off please and from the nose to the toes – nothing goes**

## **Sexual Purity**

- How does this topic relate to the promises?
- Why is sexual relations before marriage a sin in God's eyes?
  - How does Spiderman relate to this topic?
  - "With great power comes great responsibility"
- Why is it important to remain sexually pure?
- What can we do to avoid putting ourselves in a situation where we would be tempted to violate this commandment?
- What are the blessings of keeping this commandment?
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