

"only let your sins trouble you"
Mike Baird January 11, 2004

Things that trouble us

- What are things that trouble you sometimes about the Church or gospel?
 - Don't understand doctrine
 - Science vs religion
 - Friends views on religion
 - Following the Prophet or other leaders
 - Beat ourselves up for sins we have repented of
 - Did I receive revelation?

"I have somewhat more to say to thee..."

- Who was Corianton?
 - Son of Alma the Younger (Helaman & Shiblon then 3rd son?)
- Alma 31:7
 - Took him on mission to the Zoramites (abt 74 BC)
- Alma 39:1-2
 - Corianton not as faithful as his brothers
- Alma 39:3-4, 11, 14
 - Corianton committed sexual sin & Zoramites would not believe Alma's words

"I perceive that thy mind is worried.."

- Alma 40:1
 - "for I *perceive that thy mind is worried* concerning the *resurrection of the dead*"
- Alma then teaches
 - No resurrection until after Christ (v 2-3)
 - What happens to our spirits after death (v4-21)
 - Restoration (v 22-24)
 - We must be restored clean to enter kingdom of God

"I perceive that thy mind has been worried also concerning this thing"

- Alma 41:1
" I have somewhat to say concerning the *restoration* of which has been spoken; for behold, some have wrested the scriptures, and have gone far astray because of this thing. And *I perceive that thy mind has been worried also* concerning this thing"
- Alma then teaches
 - Restoration & Judgment

"I perceive there is somewhat more which doth worry your mind, which ye cannot understand"

- Alma 42:1-2
"I perceive there is *somewhat more which doth worry your mind*, which ye cannot understand—which is concerning the *justice of God in the punishment of the sinner*; for ye do try to suppose that it is injustice that the sinner should be consigned to a state of misery"
- Alma then teaches
Law, Justice, punishment & Mercy (v 2-28)

"only let your (un-repented) sins trouble you"

- Alma 42:29
"And now, my son, I desire that ye should let these things trouble you no more, and *only let your sins trouble you*, with that trouble which shall bring you down unto repentance."
 - Alma teaches to not let the doctrines trouble you if you don't understand but rather only be troubled by your sins.

"declared unto them by... Corianton"

- Alma 49:30
" which was declared unto them by Helaman, and Shiblon, and *Corianton*, and Ammon and his brethren, yea, and by all those who had been ordained by the holy order of God, being baptized unto repentance, and sent forth to preach among the people."
- Alma 63:10-11
 - Shiblon gave records to Helaman son of Helaman because Corianton had left for the land Northward

Applications

- Troubled by non-understanding of doctrine (like Corianton)
 - Things of God only understood by the Spirit
 - 1 Cor 2:9-14
"the things of God knoweth no man, but the Spirit of God"
 - We must be clean to have the Holy Ghost with us
 - We learn "line upon line"
 - 2 Nephi 28:30
"I will give unto the children of men line upon line, precept upon precept, here a little and there a little; and blessed are those who hearken unto my precepts, and lend an ear unto my counsel, for they shall learn wisdom"
 - "put it on the shelf until it is time to take it off and 'fit' the doctrine in"
 - Converts don't know all doctrine before joining church
 - Apparent conflicts between science and God
 - Dr Henry Eyring
"A young man asked, "In high school we are taught such things as pre-Adamic men, but we hear another thing in Church. What should I do about it?"
I think I gave the right answer. I said, "In this Church, you only have to believe the truth. Find out what the truth is!"
This Church is not worried about that question or other similar questions, because the Church is committed only to the truth. I do not mean to say that individuals in the Church always know the whole truth, but we have the humility sometimes to say we do not know all the answers about these things." (Reflections of a Scientist, 2)
 - Dr Henry Eyring
"Some have asked me, "Is there any conflict between science and religion?" There is no conflict in the mind of God, but often there is conflict in the minds of men. Through the eternities, we are going to get closer and closer to understanding the mind of God; then the conflicts will disappear." (Reflections of a Scientist, 2)
 - "put it on the shelf until it is time to take it off and 'fit' the doctrine in"
 - Go back to your faith and testimony

- Troubled with 2nd guessing personal revelation
 - D&C 6:22-23

" Verily, verily, I say unto you, if you desire a further witness, cast your mind upon the night that you cried unto me in your heart, that you might know concerning the truth of these things.
Did I not speak peace to your mind concerning the matter? What greater witness can you have than from God?"
- Troubled with 2nd guessing Church leaders
 - President Hinckley: ear rings and tattoos
- Beating ourselves up too much after repentance
 - Lord forgives & forgets
 - Lord helps us to remember our pains no more
 - We need to forgive and move on
- Alma 42:29

"And now, my son, I desire that ye should let these things trouble you no more, and *only let your sins trouble you, with that trouble which shall bring you down unto repentance.*"
- Rely upon your faith & Testimony