

Prayer Outline – Mike Baird

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What is prayer?

- Prayer is a sincere, heartfelt talk with our Heavenly Father

To whom do we pray?

- 3 Nephi 18:19 (Christ)
 "Therefore ye must always pray unto the Father in my name"
- Exodus 20:3-5
 ""

Why do we pray?

- We are commanded to
 - Moses 5:8
 ""
- For guidance, protection, help, thanks etc.
- Strength to resist temptation
 - 3 Nephi 18:15, D&C 10:5
- Confess our sins
 - Alma 38:14
- Alma 34:17-27

When should we pray?

- When we feel the need to communicate
- Daily
- Keep in our thoughts at all times
 - Alma 34:27
- Alma 34:21

How should we pray?

- Sincerely
 - Moroni 10:4
- No vain repetitions
 - Matt 6:7-8
- Ask that God's will be done
- In Christ's name
 - 3 Nephi 18:19 (Christ)
"Therefore ye must always pray unto the Father in my name"

How are prayers answered?

- They are always answered
 - Not always as we wish
 - Not always in our timing
- Power of Holy Ghost
 - Thoughts
 - Through others
 - Feelings
- D&C 9:8-9

Feelings

- 1 Nephi 17:45
"... he hath spoken unto you in a still small voice, but ye were past *feeling*, that ye could not *feel* his words"
- Boyd K Packer
"We do not have the words (even the scriptures do not have words) which perfectly describe the Spirit. The scriptures usually use the word voice, which does not exactly fit. These delicate, refined spiritual communications are not seen with our eyes nor heard with our ears.... It is a voice that one feels more than one hears.... I have come to know that inspiration comes more as a feeling than as a sound." (A Watchman on the Tower , pg 279)

References

- S. Michael Wilcox, " Let us ask of God", Ensign, Dec 2004, pg 22