

"Only let your sins trouble you"
Alma to Corianton Alma 39-42
notes - Mike Baird

"I have somewhat more to say to thee..." 1
"for I perceive that thy mind is worried.." 1
"I perceive that thy mind has been worried also concerning this thing"..... 1
"I perceive there is somewhat more which doth worry your mind.."2
"only let your sins trouble you"2
Applications2

"I have somewhat more to say to thee..."

- Alma 39:1-2
 - Corianton not as faithful as his brothers (Helaman & Shiblon)
- Alma 39:3-4, 11
 - Corianton committed sexual sin & Zoromites would not believe Alma's words

"for I perceive that thy mind is worried.."

- Alma 40:1
 - "for I *perceive that thy mind is worried* concerning the *resurrection of the dead*"
- Alma then teaches
 - No resurrection until after Christ (v 2-3)
 - What happens to our spirits after death (v4-21)
 - Restoration (v 22-24)
 - We must be restored clean to enter kingdom of God

"I perceive that thy mind has been worried also concerning this thing"

- Alma 41:1
 - " I have somewhat to say concerning the *restoration* of which has been spoken; for behold, some have wrested the scriptures, and have gone far astray because of this thing. And *I perceive that thy mind has been worried also* concerning this thing"
- Alma then teaches
 - Restoration & Judgment

"I perceive there is somewhat more which doth worry your mind.."

- Alma 42:1-2
"I perceive there is *somewhat more which doth worry your mind*, which ye cannot understand—which is concerning the *justice of God in the punishment of the sinner*; for ye do try to suppose that it is injustice that the sinner should be consigned to a state of misery"
- Alma then teaches
Law, Justice, punishment & Mercy (v 2-28)

"only let your sins trouble you"

- Alma 42:29
"And now, my son, I desire that ye should let these things trouble you no more, and *only let your sins trouble you*, with that trouble which shall bring you down unto repentance."
 - Alma teaches to not let the doctrines trouble you if you don't understand but rather only be troubled by your sins.

Applications

- Troubled by non-understanding of doctrine (like Corianton)
 - Things of God only understood by the Spirit
 - 1 Cor 2:9-14
"the things of God knoweth no man, but the Spirit of God"
 - We must be clean to have the Holy Ghost with us
 - We learn "line upon line"
 - "put it on the shelf until it is time to take it off and 'fit' the doctrine in"
 - Back to your faith and testimony
 - only let your sins trouble you
- Troubled with 2nd guessing personal revelation
 - D&C 6:22-23
" Verily, verily, I say unto you, if you desire a further witness, cast your mind upon the night that you cried unto me in your heart, that you might know concerning the truth of these things. Did I not speak peace to your mind concerning the matter? What greater witness can you have than from God?"
- Troubled with 2nd guessing Church leaders

- Beating ourselves up too much after repentance
- Do like Alma with children
 - Teach doctrine
 - "only let your sins trouble you"