

Home Storage (Provident living website)

Throughout the history of the Church, members have been counseled to store, use, and know how to produce and prepare essential items. Church leaders have never given an exact formula for what members should store, but they have suggested that members start with the basics.

"Church members can begin their home storage by storing the basic foods that would be required to keep them alive if they did not have anything else to eat. Depending on where members live, those basics might include water, wheat or other grains, legumes, salt, honey or sugar, powdered milk, and cooking oil. When members have stored enough of these essentials to meet the needs of their family for one year, they may decide to add other items that they are accustomed to using day to day" (First Presidency letter, January 20, 2002).

Home Storage Basics (Provident living website)

From Brigham Young's time to the present day, latter-day prophets have counseled Church members to store food for times of need. Church leaders have never given an exact formula for what members should store. But they have suggested that we begin by storing the basic foods that would be required to keep us alive in case we did not have anything else to eat. The amount of basic food a family should store depends on the age, gender, and activity of the individuals in the family. For storage to be successful, dry-pack products need to be low moisture, good quality, and insect free. If ye are prepared, ye shall not fear" (D&C 38:30).

Three-Month Supply (Provident living website)

Build a small supply of food that is part of your normal, daily diet. One way to do this is to purchase a few extra items each week to build a one-week supply of food. Then you can gradually increase your supply until it is sufficient for three months. These items should be rotated regularly to avoid spoilage.

Drinking Water (Provident living website)

Store drinking water for circumstances in which the water supply may be polluted or disrupted.

Financial Reserve (Provident living website)

Establish a financial reserve by saving a little money each week and gradually increasing it to a reasonable amount.

Longer-Term Supply (Provident living website)

For longer-term needs, and where permitted, gradually build a supply of food that will last a long time and that you can use to stay alive, such as wheat, white rice, and beans. These items can last 30 years or more when properly packaged and stored in a cool, dry place. A portion of these items may be rotated in your three-month supply.

Welfare Committee Purposes

Moroni 6:5,9

- Identify welfare needs, including self-reliance needs
- Instruct leaders and members in welfare duties
- Coordinate efforts to help the needy
- Administer resources
- Plan welfare events and activities
- Prepare for emergencies
- Evaluate the effectiveness of welfare events, activities, and operations