

Faith not Fear Outline - Mike Baird

Fear is the Mind-Killer	1
Faith and Fear do not exist together	1
Fear only that which can destroy the soul	1
Let faith guide your actions	1
"Be not afraid, only believe"	2
Beyond the edge of the light.....	2
Doubt not, fear not.....	3
God gives us a Spirit of Power, of love and of a sound mind instead of fear	3

Fear is the Mind-Killer

- Frank Herbert (Sci-Fi Author)
 "I must not fear, Fear is the mind-killer" (Dune – Bene Gesserit Litany against fear)

Faith and Fear do not exist together

- Joseph Smith:
 "*For doubt and faith do not exist in the same person at the same time; so that persons whose minds are under doubts and fears cannot have unshaken confidence; and where unshaken confidence is not, there faith is weak.*" (Lectures on Faith, 6:12.)

Fear only that which can destroy the soul

- Matt 10:28
 " And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell."

Let faith guide your actions

- Michael Baird:
 " Let faith guide your actions, not your fears "
 - If we act based on our faith then good things happen.
 - Fear causes us to react instead of act
 - Fear causes us to become paralyzed and instead of acting we are acted upon
 - Fear causes us to be hesitant and to doubt

- Andrew Jackson:

"Do not take counsel from your fears"

"Be not afraid, only believe"

- Jairus, a ruler of the Synagogue had a daughter who had died while the Savior was on the way to his house to heal her. The Savior later raised her from the dead (Mark 5:22-43)

- Mark 5:22-23,35-36

And, behold, there cometh one of the rulers of the synagogue, Jairus by name; and when he saw him, he fell at his feet, And besought him greatly, saying, My little daughter lieth at the point of death: I pray thee, come and lay thy hands on her, that she may be healed; and she shall live...

While he yet spake, there came from the ruler of the synagogue's house certain which said, Thy daughter is dead: why troublest thou the Master any further?

As soon as Jesus heard the word that was spoken, he saith unto the ruler of the synagogue, *Be not afraid, only believe.*

- Note: in the Greek it says "Be not afraid, only exercise faith"

Beyond the edge of the light

- Two phrases we should have written in our hearts:

- Ether 12:6

dispute not because ye see not, for ye receive no witness until after the trial of your faith

- Harold B Lee:

" You must learn to walk to the edge of the light, and perhaps a few steps into the darkness, and you will find that the light will appear and move ahead of you" ("The Edge of the Light," BYU Today, Mar. 1991, 22-23)

- See Faith – Beyond the Edge of the Light - Mike Baird outline (<http://mikebaird.net/Church/GospelTopics/FaithBeyondTheEdgeOfLight.pdf>)
- See **Boyd K Packer** in "**Move forward with Faith**" (<https://www.lds.org/ensign/2013/08/move-forward-in-faith?lang=eng>)

Doubt not, fear not

- D&C 6:36-37

"Look unto me in every thought; doubt not, fear not.

Behold the wounds which pierced my side, and also the prints of the nails in my hands and feet; be faithful, keep my commandments, and ye shall inherit the kingdom of heaven. Amen"

- The savior is telling us that he has overcome all so we need not fear but look to him in faith and all will be well

God gives us a Spirit of Power, of love and of a sound mind instead of fear

- 2 Timothy 1:7

"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind"

- See Gordon B Hinckley: "God Hath Not Given Us the Spirit of Fear ("Faith: The Essence of True Religion", chapter 3)

(<https://www.lds.org/ensign/1984/10/god-hath-not-given-us-the-spirit-of-fear?lang=eng>)