

Atonement – Succor when tempted Outline - Mike Baird

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Christ suffered temptations but did not yield	1
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Christ suffered "Temptations of every Kind"

- Alma 7:11-12 (Alma the Younger)
"And he shall go forth, suffering pains and afflictions and *temptations of every kind;*"
- Mosiah 3:7 (King Benjamin)
"*he shall suffer temptations, and pain of body, hunger, thirst, and fatigue, even more than man can suffer "*

Christ suffered temptations but did not yield

- Hebrews 4:15 (Paul)
"but *was in all points tempted* like as we are, yet without sin."
- Mosiah 15:5 (Abinadi)
"And thus the flesh becoming subject to the Spirit, or the Son to the Father, being one God, *suffereth temptation, and yieldeth not to the temptation*"
- D&C 20:22
"He suffered temptations but gave no heed unto them"

We do not receive temptations "but such as is common"

- 1 Cor 10:13
"There hath no temptation taken you but such as is common to man..."
- Neal Maxwell:
"Certain temptations are common to those who come to this earth. It is our task to deal with these common temptations in an uncommon manner." (We Will Prove Them Herewith, pg 6)

We will not be tempted above that we can stand

- 1 Cor 10:13
"God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it"

- Ezra Taft Benson:
"We can rise above the enemies of despair, depression, discouragement, and despondency by remembering that God provides righteous alternatives" (The Teachings of Ezra Taft Benson, pg 398)
- Spencer W Kimball:
" It is a tenet of my faith that every normal person has the capacity, with God's help, to meet the challenge of whatever circumstances may confront him. One of the most comforting scriptures carries the message that God will not leave us helpless-ever." (The Teachings of Spencer W. Kimball, pg 161)
- Neal Maxwell:
"The Lord knows our bearing capacity, both as to coping and to comprehending, and He will not give us more to bear than we can manage at the moment, though to us it may seem otherwise. (See "D&C 50:40, D&C 78:18") Just as no temptation will come to us from which we cannot escape or which we cannot bear, we will not be given more trials than we can sustain. (See 1 Cor. 10:13.) " ("Be of Good Cheer," Ensign, Nov. 1982, 66)

God will succor is in our temptations

- Hebrews 2:18
"For in that he himself hath suffered being tempted, he is able to succor them that are tempted"
- D&C 62:1
"Behold, and hearken, O ye elders of my church, saith the Lord your God, even Jesus Christ, your advocate, who knoweth the weakness of man and how to succor them who are tempted"
- 2 Peter 2:9
"The Lord knoweth how to deliver the godly out of temptations..."
- Neal Maxwell:
"We are promised deliverance, but the Lord will not kidnap us. The ground rules about free agency insure that we will not be held hostage against our will" (We Will Prove Them Herewith, pg 6)

God does not tempt us

- James 1:12-14
"Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: But every man is tempted, when he is drawn away of his own lust, and enticed."